

. Preativity Child
Focus
skills and
attributes:

Resilience

# **New routines**

Independent learning / Agency

## **Learning Goal**

To assist children in understanding the routines and practices of the school setting.

## Learning Objectives: (What will children learn?)

- To build confidence and skill in communicating with others.
- To develop greater focus during indoor and outdoor time.
- To build a sense of independence.

## **Suggested Activities**

### **Setting expectations**

Knowing what is going to happen next enhances children's security and emotional stability. When children are involved in a good routine, they feel confident and in control. They also learn to develop positive social skills. Examples of setting expectations can include:

- Greeting and farewelling others.
- Importance of turn-taking.
- Participating in group time sessions.
- Washing hands before having a snack.
- Following an ordered sequence of activities.
- Listening to others before responding.

### **Suggested Activities**

### First day storybooks

Storybooks are a great way to help children analyse events, ask questions and explore concepts.

- Ask prompting questions about the storyline or individual characters.
- Invite children to express their own perspectives on the concepts covered in the story.
- Follow the journey of individual characters and invite children to document the activities they engaged in throughout the story.
- Bring some of the activities from the story to life, encouraging children to explore them individually or in groups.

## First day themed storybooks:

- Daisy's First Day
- Maddie's First Day (Penny Matthews)
- First Day (Andrew Daddo)
- One Keen Koala (Margaret Wild)

### Morning baskets

The morning basket activity involves creating a basket of activities for children to engage in. Choosing from the basket every morning supports routine and promotes familiarity.

- Write down a number of activities to put into the basket. The activities should be hands-on and consolidate basic concepts such as letters and numbers.
- Allocate some structured time each morning for children to pick 3-4 different activities to complete.

### **Basket**

Paper for activity cards (laminated if required)

### Having fun in lines

Explicitly teaching the skills children will need to line up will reduce a lot of frustration for children and their new kindergarten teacher. Children will need to line up many times a day in their new school routine.

- This activity can be made fun through the use of music, bells or other percussion instruments and by turning the act of lining up into a fun and happy experience.
- Show children videos of the different animals that walk in lines. Some examples include ants, ducks and elephants. Explore why these animals move in lines.
- What are the benefits of moving in a line? For example, you don't get lost, you stay on the path, you move quickly, you don't bump into each other.

### Bell

Percussion instrument

Music

Videos of animals walking in line

## **Links to Approved Learning Frameworks**

### **Early Years Learning Framework:**

- 1.1 Children feel safe, secure and supported.
- 2.1 Children develop a sense of belonging to groups and communities and an emerging understanding of reciprocal rights and responsibilities.
- 3.1 Children become strong in their social and emotional well-being.
- 3.2 Children develop increasing responsibility for their own health and physical well-being.
- 4.1 Children develop dispositions for learning such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity.